

# Recreation and Sport Management: Outdoor Recreation

## Degree Type

Bachelor of Arts

**Administrator:** Scott Kinnaman (Department Chair), Kinesiology Department

**Requirements:** 49-51 credits, including completion of core courses (35 credits) of which 19 shall be KINE credits numbered above 2999, and one area of concentration (14-16 credits). All majors are required to pass fitness component tests as set forth by the Kinesiology Department.

## Core Courses:

Item #	Title	Credits
BSNS3640	Principles of Management	3
KINE1310	Introduction to Recreation and Kinesiology	3
	KINE2640 (4 credits required)	4
KINE2750	Outdoor Pursuits	2
KINE2800	Sport History	2
KINE2850	Camp Administration and Outdoor Education	2
KINE2960	Field Experience in Kinesiology	1
KINE3630	Corrective and Adaptive Physical Education	2
KINE3640	Physiology of Exercise	3
KINE3650	Biomechanics	3
KINE3960	Field Experience in Kinesiology/Recreation	1
KINE4860	Recreation Management and Facilities Planning	3
KINE4960A	Recreation and Sport Internship	3
KINE4960B	Recreation and Sport Internship	3
KINE4970	Kinesiology Senior Capstone	1

## Select 14-16 credits from the following courses:

Item #	Title	Credits
KINE2700	Leadership in Outdoor Recreation	3

## Complete 4 credits from the following:

Item #	Title	Credits
	BIOL1030 and BIOL1030L	4
	BIOL1040 and BIOL1040L	4
	PHYS1060 and PHYS1060L	4
BIOL2300	Idaho Amphibians	4
BIOL2320	Idaho Birds of Prey	4

**Complete 4 credits from the following:**

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
KINE2900A	Outdoor Skills - Water	2
KINE2900B	Outdoor Skills - Land	2
KINE2900C	Outdoor Skills - Snow	2

**Complete 3-5 credits from the following:**

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
BSNS1110	Introduction to Business	1
BSNS3960	Internship in Business	2-3
	KINE1020G-Skiing (downhill, snowboard, nordic) (1)	
	KINE1030F Archery/Riflery (1)	
	KINE1030S Rock Climbing (1)	
KINE1040	Outdoor Activities	1
KINE2640	Kinesiology Majors Activity Laboratory	1
KINE4094	Special Topics in Kinesiology	1-4

**Certifications:** Complete 2 certifications from the list below or other certifications with department chair approval:

1. Wilderness First Aid
2. CPR/First Aid/AED Lifeguarding
3. Swift Water Rescue
4. American Mt. Guides Certification
5. NOLS (National Outdoor Leadership School) Certification
6. Leave No Trace

All Recreation Sport Management majors must present evidence of successful completion of:

1. Current First Aid/CPR certification (American Red Cross preferred)
2. Completion of Lifeguard or Water Safety Instruction (WSI) certification
3. Successful completion of the Kinesiology Department Fitness Component Tests

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**Total Credits**

**50-52**