

# Physical Education (Kinesiology)

## Degree Type

Bachelor of Arts

## Objective:

To prepare students to teach content courses in grades K-12 and meet the requirements for Idaho certification

**Administrators:** Kinesiology and Undergraduate Education Department Chairs

## Secondary Program Requirements:

**Requirements:** 39 credits in professional education **and** endorsement specific requirements:

- Physical Education Endorsement Area - 49 credits
- Physical Education First Endorsement - 39 credits and selection of a second endorsement
- Physical Education Second Endorsement - 31 credit and selection of a first endorsement

**Professional Education Core Courses:** 39 credits

Item #	Title	Credits
EDUC1100	Introduction to Education	1
EDUC2110	Educational Psychology	3
EDUC2250	Cultural Diversity in Education	2
EDUC2550	Innovative Instruction	3
EDUC2960	Introduction to Instructional Design	1
EDUC3090	Pedagogy of Writing in 6-12 Schools	3
EDUC3150	Education of Exceptional Children	3
EDUC3410	English Language Learners and Content Literacy in Secondary Classrooms	3
EDUC3510	Teaching Methods in Secondary Classrooms	3
EDUC3750	Classroom Management in Secondary Schools	2
	Special methods courses in first and second endorsements or endorsement area	
EDUC3920	Foundations of Education	2
EDUC4850	Secondary School Start-Up	1
	EDUC4860 or EDUC4870	11
EDUC4950	Seminar/Capstone	1

Courses must be taken at Northwest Nazarene University: [EDUC1100](#), [EDUC2550](#), [EDUC2960](#), [EDUC3090](#), [EDUC3410](#), [EDUC3510](#), [EDUC3750](#), [EDUC3920](#), [EDUC4850](#), [EDUC4860](#), [EDUC4870](#), [EDUC4950](#), Special methods courses in first and second endorsements or endorsement area.

# Physical Education Endorsement Area

**Required Courses:** 49 credits, including six credits in education methods.

Item #	Title	Credits
BIOL2010	Human Anatomy and Physiology I	3
BIOL2010L	Human Anatomy and Physiology I Laboratory	1
BIOL2030	Human Anatomy and Physiology II	3
BIOL2030L	Human Anatomy and Physiology II Laboratory	1
KINE1310	Introduction to Recreation and Kinesiology	3
KINE2410	Introduction to Athletic Training and Physical Therapy with Laboratory	3
KINE2430	Health Issues in Today's Society	3
	KINE2640 (3 credits required)	3
KINE2730	Nutrition Across the Lifespan	2
KINE2960	Field Experience in Kinesiology	1
EDUC3350	Teaching Health in Secondary Schools	2
EDUC3360	Teaching Physical Education in Secondary Schools	2
EDUC3380	Teaching Physical Education in K-8 Schools	2
KINE3560	Psychology and Techniques of Coaching	3
KINE3600	Motor Development and Motor Learning	2
KINE3630	Corrective and Adaptive Physical Education	2
KINE3640	Physiology of Exercise	3
KINE3650	Biomechanics	3
KINE4520	Tests and Measurements in Physical Education	3
KINE4560	Administration and Supervision of HPERD	3

# Physical Education First Endorsement

Must select a second endorsement. See chart on [Department of Education](#) page.

**Required courses:** 39 credits, including four credits in education methods.

Item #	Title	Credits
KINE1310	Introduction to Recreation and Kinesiology	3
KINE2410	Introduction to Athletic Training and Physical Therapy with Laboratory	3
KINE2430	Health Issues in Today's Society	3
	KINE2640 Kinesiology Majors Activity Laboratory (1 credit) – 2 courses (2)	2
KINE2960	Field Experience in Kinesiology	1
EDUC3360	Teaching Physical Education in Secondary Schools	2
EDUC3380	Teaching Physical Education in K-8 Schools	2
KINE3560	Psychology and Techniques of Coaching	3
KINE3600	Motor Development and Motor Learning	2
KINE3630	Corrective and Adaptive Physical Education	2
KINE3640	Physiology of Exercise	3
KINE3650	Biomechanics	3
KINE4520	Tests and Measurements in Physical Education	3
KINE4560	Administration and Supervision of HPERD	3

**One course and lab combination selected from:**

Item #	Title	Credits
	BIOL2010 and BIOL2010L or BIOL2030 and BIOL2030L	4

# Physical Education Second Endorsement

Must select a first endorsement. See chart on [Department of Education](#) page.

**Required courses:** 31 credits, including four credits in education methods.

Item #	Title	Credits
KINE2410	Introduction to Athletic Training and Physical Therapy with Laboratory	3
KINE2430	Health Issues in Today's Society	3
	KINE2640 Kinesiology Majors Activity Laboratory (1 credit) – 2 courses (2)	2
EDUC3360	Teaching Physical Education in Secondary Schools	2
EDUC3380	Teaching Physical Education in K-8 Schools	2
KINE3560	Psychology and Techniques of Coaching	3
KINE3600	Motor Development and Motor Learning	2
KINE3630	Corrective and Adaptive Physical Education	2
KINE3640	Physiology of Exercise	3
KINE3650	Biomechanics	3
KINE4520	Tests and Measurements in Physical Education	3
KINE4560	Administration and Supervision of HPERD	3

**Recommended:**

Item #	Title	Credits
	BIOL2010 and BIOL2010L or BIOL2030 and BIOL2030L	4

**Other Requirements:**

1. Current First Aid/CPR certification (American Red Cross preferred)
2. Completion of Lifeguard or Water Safety Instruction (WSI) certification
3. Successful completion of the Kinesiology Department Fitness Component Tests

**Program Certification Requirements:**

1. Complete all requirements for a baccalaureate degree.
2. Complete a subject endorsement area of at least 45 semester credit hours as recommended by the subject department and approved by the Department of Education, or complete a first endorsement of at least 30 semester credit hours and a second endorsement of at least 20 semester credit hours as recommended by the subject departments and approved by the Department of Education.
3. Complete requirements of the Educator Preparation Program in effect at the time of admission to Educator Preparation as well as any additional requirements if required by changes in the standards of state regulatory agencies.
4. Complete all required education courses in the secondary program with a grade of B- (2.7) or better.
5. Complete all required content courses with a grade of C (2.0) or better.
6. Maintain a 3.0 or better cumulative GPA.
7. Pass the Praxis content test(s) in endorsement area or first and second endorsements.

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Total Credits78-88

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