## Health Second Endorsement

### **Degree Type**

Endorsement

# **Health Second Endorsement**

Must select a first endorsement. See chart on **Department of Education** page.

**Required courses:** 21 credits from kinesiology and related courses, including two credits in secondary methods.

| Item #   | Title                                   | Credits |
|----------|---|---------|
| EDUC3350 | Teaching Health in Secondary Schools    | 2       |
| KINE2430 | Health Issues in Today's Society        | 3       |
| KINE2730 | Nutrition Across the Lifespan           | 2       |
| KINE2960 | Field Experience in Kinesiology         | 1       |
| KINE3640 | Physiology of Exercise                  | 3       |
| KINE4560 | Administration and Supervision of HPERD | 3       |
| PSYC2110 | Educational Psychology                  | 3       |

### One of the course and lab combinations selected from:

| Item # | Title                  | Credits |
|--------|------------------------|---------|
|        | BIOL2010 and BIOL2010L | 4       |
|        | BIOL2030 and BIOL2030L | 4       |

### Other requirements:

Current First Aid/CPR certification (American Red Cross preferred)

Completion of Lifeguard or Water Safety Instruction (WSI) certification

Total Credits 21