

Kinesiology

Degree Type

Minor

Objective:

The Kinesiology minor is a combination of activity and core courses found in the area of Kinesiology. It will provide the student with a wide experience of core coursework in the major and activity-based instruction and participation.

Administrator: Scott Kinnaman (Department Chair), Department of Kinesiology

Requirements: 18-19 credits, 9 of which shall be numbered 2999 and above.

Required:

Students must complete CPR/First aid certification (American Red Cross preferred)

Item #	Title	Credits
KINE2640	Kinesiology Majors Activity Laboratory	1

Choose 2 courses for 2-3 credits:

Item #	Title	Credits
KINE1020/KINE1021	Heart Healthy Activities	1
KINE1030/KINE1031	Lifetime Sport Activities	1
KINE1040	Outdoor Activities	1
KINE2900A	Outdoor Skills - Water	2
KINE2900B	Outdoor Skills - Land	2
KINE2900C	Outdoor Skills - Snow	2

Complete 15 credits, 9 of which shall be numbered above 2999:

Item #	Title	Credits
KINE1310	Introduction to Recreation and Kinesiology	3
KINE2430	Health Issues in Today's Society	3
KINE2410	Introduction to Athletic Training and Physical Therapy with Laboratory	3
KINE2700	Leadership in Outdoor Recreation	3
KINE2730	Nutrition Across the Lifespan	2
KINE2750	Outdoor Pursuits	2
KINE2850	Camp Administration and Outdoor Education	2
KINE3440	Advanced Athletic Training	3
KINE3560	Psychology and Techniques of Coaching	3
KINE3600	Motor Development and Motor Learning	2
KINE3630	Corrective and Adaptive Physical Education	2
KINE3640	Physiology of Exercise	3
KINE3650	Biomechanics	3
	KINE2094 or KINE4094	1-3
KINE4520	Tests and Measurements in Physical Education	3
KINE4560	Administration and Supervision of HPERD	3

Alternate Year Courses: [KINE2900A](#), [KINE2900B](#), [KINE2900C](#), [KINE2430](#), [KINE2700](#), [KINE2850](#), [KINE3440](#), [KINE4520](#), [KINE4560](#)

Total Credits	18-19
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